

News from the Wyoming Department of Health

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Contact: Kim Deti
Phone: 307-777-6420

Recovery Month Events Planned Around Wyoming

September is Recovery Month

The Wyoming Department of Health is encouraging residents to participate in events planned in a number of communities during September to celebrate recovery from addiction.

Wyoming Governor Dave Freudenthal said, "Addiction isn't something that only affects those who abuse drugs and alcohol - it is a devastating problem that eats away at the fabric of Wyoming families. This month we pause to remember and honor those who have fought back against addiction and turned their lives around." Freudenthal has signed a proclamation declaring September as Alcohol and Drug Addiction Recovery Month.

"Substance abuse and mental illness affect thousands of Wyoming families every year," said Rodger McDaniel, Wyoming Department of Health deputy director for mental health and substance abuse services. "The good news is addiction is a treatable disease."

"Treatment for addiction benefits the individuals involved, as well as family members, friends, coworkers and our communities," McDaniel continued. "Recovery is rewarding."

The national theme of this year's recovery month is "Together we learn. Together we heal." For more information about community recovery events planned around Wyoming during September, visit <http://www.health.wyo.gov/mhsa/education/SubstanceAbusetraininglist.html> online or call 1-800-535-4006.

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